High-deductible health plans are defined as plans that meet the minimum deductible amount required for Health Savings Account (HSA) eligibility ($1,350 for an individual and $2,700 for a family in 2018).

Connecticut
- 55.3% of employees enrolled in high-deductible health plans
- Average premium: $7,012 in 2017, $7,264* in 2018
- Average deductible: $5,000

United States
- 49.1% of employees enrolled in high-deductible health plans
- Average premium: $6,368 in 2017, $6,715 in 2018
- Average deductible: $5,000

All significant differences between state and national are indicated by * (95% confidence level).

Note: All references are to private-sector employers and employees. Source: SHADAC analysis of the Medical Expenditure Panel Survey-Insurance Component.