The United States’ Quiet Crisis of Growing Alcohol Deaths

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Alaska

In 2019, 185 alcohol-involved deaths occurred in Alaska.

Trends in Alcohol Death Rates per 100,000 people, 2000-2019

State Variation in Alcohol Death Rates per 100,000 People, 2019

Differences are significant at 95% confidence level.

Alaska Death Rates Per 100,000 people

Alaska’s alcohol-involved death rate was 120% HIGHER than its opioid overdose death rate.

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Alabama

In 2019, 425 alcohol-involved deaths occurred in Alabama

Alabama’s opioid overdose death rate was 20% HIGHER than its alcohol-involved death rate.

Opioid Death Rate: 8.9
Alcohol Death Rate: 7.5

Differences are significant at 95% confidence level.

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In 2019, 342 alcohol-involved deaths occurred in Arkansas.

Arkansas

Arkansas’ alcohol-involved death rate was 48% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.

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Arizona's opioid overdose death rate was 14% HIGHER than its alcohol-involved death rate.

In 2019, 1,286 alcohol-involved deaths occurred in Arizona.
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**Colorado**

In 2019, 1,198 alcohol-involved deaths occurred in Colorado.
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Connecticut

In 2019, 409 alcohol-involved deaths occurred in Connecticut.

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

<table>
<thead>
<tr>
<th>Year</th>
<th>United States</th>
<th>Connecticut</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>7.0</td>
<td>5.5</td>
</tr>
<tr>
<td>2019</td>
<td>10.4</td>
<td>9.2</td>
</tr>
</tbody>
</table>

* Difference from the 2000 rate is significant at 95% confidence level.

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

Differences are significant at 95% confidence level.

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

- Significantly above the national average
- Significantly below the national average
- Not significantly different from the national average

**Connecticut Death Rates Per 100,000 people**

Connecticut’s opioid overdose death rate was 245% HIGHER than its alcohol-involved death rate.

**Opioid Death Rate: 31.7**

**Alcohol Death Rate: 9.2**

Differences are significant at 95% confidence level.

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**District of Columbia**

In 2019, 70 alcohol-involved deaths occurred in the District of Columbia.

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

<table>
<thead>
<tr>
<th>State</th>
<th>Alcohol Death Rate</th>
<th>Opioid Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>DC</td>
<td>9.6</td>
<td>33.7</td>
</tr>
</tbody>
</table>

**District of Columbia Death Rates Per 100,000 people**

DC’s opioid overdose death rate was **249% HIGHER** than its alcohol-involved death rate.

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

<table>
<thead>
<tr>
<th>State</th>
<th>Alcohol Death Rate</th>
<th>Opioid Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>NM</td>
<td>28.5</td>
<td>23.9</td>
</tr>
</tbody>
</table>

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

![Graph showing trends in alcohol death rates per 100,000 people from 2000 to 2019.](https://example.com/graph)

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Delaware's opioid overdose death rate was 384% HIGHER than its alcohol-involved death rate.

In 2019, 106 alcohol-involved deaths occurred in Delaware.
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Florida

In 2019, 2,722 alcohol-involved deaths occurred in Florida

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In 2019, 940 alcohol-involved deaths occurred in Georgia. The United States’ Quiet Crisis of Growing Alcohol Deaths.

The United States’ Quiet Crisis of Growing Alcohol Deaths

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Hawaii

In 2019, 96 alcohol-involved deaths occurred in Hawaii.

Hawaii’s alcohol-involved death rate was 67% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.

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Iowa

In 2019, 408 alcohol-involved deaths occurred in Iowa.

Iowa’s alcohol-involved death rate was 117% HIGHER than its opioid overdose death rate.

Alcohol Death Rate: 11.7

Opioid Death Rate: 5.4

Differences are significant at 95% confidence level.

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In 2019, 290 alcohol-involved deaths occurred in Idaho.

Idaho Death Rates Per 100,000 people

Idaho’s alcohol-involved death rate was 90% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.

Alcohol Death Rate: 14.5
Opioid Death Rate: 7.6

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**The United States’ Quiet Crisis of Growing Alcohol Deaths**

**Illinois**

- **In 2019,** 1,137 alcohol-involved deaths occurred in Illinois.
- **Opioid Death Rate:** 17.5
- **Alcohol Death Rate:** 7.9

**Difference from national rate is significant at 95% confidence level.**

**Differences are significant at 95% confidence level.**

**Illinois’ opioid overdose death rate was 122% HIGHER than its alcohol-involved death rate.**

Differences are significant at 95% confidence level.

---

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In 2019, 791 alcohol-involved deaths occurred in Indiana.
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Kansas

In 2019, 353 alcohol-involved deaths occurred in Kansas.

State Alcohol Death Rates vs. Opioid Death Rates, 2019

Differences are significant at 95% confidence level.

KANSAS DEATH RATES PER 100,000 PEOPLE

Alcohol Death Rate: 11.1

Opioid Death Rate: 6.7

State Variation in Alcohol Death Rates per 100,000 people, 2019

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# Trends in Alcohol Death Rates per 100,000 people, 2000-2019

**Kentucky**

In 2019, 553 alcohol-involved deaths occurred in Kentucky.

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

Differences are significant at 95% confidence level.

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

Differences are significant at 95% confidence level.

**Kentucky Death Rates Per 100,000 people**

Kentucky's opioid overdose death rate was **131% HIGHER** than its alcohol-involved death rate. Differences are significant at 95% confidence level.

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Click here for more alcohol death rate data.
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**Maryland**

In 2019, 430 alcohol-involved deaths occurred in Maryland, which is 452% higher than its alcohol-involved death rate.

**Opioid Death Rate:** 34.0

**Alcohol Death Rate:** 6.2

**Maryland’s opioid overdose death rate was 452% higher than its alcohol-involved death rate.**

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Trends in Alcohol Death Rates per 100,000 people, 2000-2019

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<td>2019</td>
<td>4.6</td>
<td>4.5</td>
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</table>

* Difference from the 2000 rate is significant at 95% confidence level.

Maine's opioid overdose death rate was 136% HIGHER than its alcohol-involved death rate.

CLICK HERE TO VISIT STATE HEALTH COMPARE FOR MORE ALCOHOL DEATH RATE DATA

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In 2019, 1,193 alcohol-involved deaths occurred in Michigan.
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The United States’ Quiet Crisis of Growing Alcohol Deaths

In 2019, 828 alcohol-involved deaths occurred in Minnesota.

State Alcohol Death Rates vs. Opioid Death Rates, 2019

State Variation in Alcohol Death Rates per 100,000 People, 2019

Differences are significant at 95% confidence level.

Minnesota Death Rates Per 100,000 people

Minnesota’s alcohol-involved death rate was 65% HIGHER than its opioid overdose death rate.

Alcohol Death Rate: 12.9
Opioid Death Rate: 7.8

Differences are significant at 95% confidence level.


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In 2019, 608 alcohol-involved deaths occurred in Missouri

Trends in Alcohol Death Rates per 100,000 people, 2000-2019

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* Difference from the 2000 rate is significant at 95% confidence level.

Missouri

In 2019, 608 alcohol-involved deaths occurred in Missouri.

Missouri Death Rates Per 100,000 people

Missouri’s opioid overdose death rate was 115% HIGHER than its alcohol-involved death rate.

Differences are significant at 95% confidence level.

CLICK HERE TO VISIT STATE HEALTH COMPARE FOR MORE ALCOHOL DEATH RATE DATA

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State Alcohol Death Rates vs. Opioid Death Rates, 2019

Differences are significant at 95% confidence level.

State Variation in Alcohol Death Rates per 100,000 People, 2019

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SHADAC

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**Mississippi**

In 2019, **240** alcohol-involved deaths occurred in Mississippi.

**Mississippi**

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

**Mississippi Death Rates per 100,000 people**

Mississippi’s opioid overdose death rate was **22% HIGHER** than its alcohol-involved death rate.

**Opioid Death Rate: 8.5**

**Alcohol Death Rate: 7.0**

Differences are significant at 95% confidence level.

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2. Using our narrow definition of only mortality that is 100 percent attributable to alcohol, the U.S. recorded almost 37,500 alcohol-involved deaths in 2018. By comparison, a study by the Centers for Disease Control and Prevention that used a broader definition of mortality due to “excessive alcohol use” estimated more than 95,000 alcohol-involved deaths annually—roughly 2.5 times our highly conservative estimate of alcohol-involved deaths.

3. [https://www.cdc.gov/mmwr/volumes/69/wr/mm6939a6.htm](https://www.cdc.gov/mmwr/volumes/69/wr/mm6939a6.htm)
The United States’ Quiet Crisis of Growing Alcohol Deaths

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Montana

In 2019, 246 alcohol-involved deaths occurred in Montana.

State Alcohol Death Rates vs. Opioid Death Rates, 2019

State Variation in Alcohol Death Rates per 100,000 People, 2019

Montana Death Rates Per 100,000 people

Montana’s alcohol-involved death rate was 183% HIGHER than its opioid overdose death rate.

Alcohol Death Rate: 20.3

Opioid Death Rate: 7.2


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# State Alcohol Death Rates vs. Opioid Death Rates, 2019

**Death Rates Per 100,000 people**

North Carolina’s opioid overdose death rate was 18.1 deaths per 100,000 people, compared to 9.6 alcohol death rates per 100,000 people.

<table>
<thead>
<tr>
<th>State</th>
<th>Opioid Death Rate</th>
<th>Alcohol Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>North Carolina</td>
<td>18.1</td>
<td>9.6</td>
</tr>
</tbody>
</table>

**Differences are significant at 95% confidence level.**

### Trends in Alcohol Death Rates per 100,000 people, 2000-2019

**North Carolina**

- In 2019, 1,176 alcohol-involved deaths occurred in North Carolina.

**Opioid Death: 18.1**

**Alcohol Death Rate: 9.6**

**Differences are significant at 95% confidence level.**


[2] Using our narrow definition of only mortality that is 100 percent attributable to alcohol, the U.S. recorded almost 37,500 alcohol-involved deaths in 2018. By comparison, a study by the Centers for Disease Control and Prevention that used a broader definition of mortality due to “excessive alcohol use” estimated more than 95,000 deaths annually—roughly 2.5 times our highly conservative estimate of alcohol-involved deaths.

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The United States’ Quiet Crisis of Growing Alcohol Deaths

North Dakota's alcohol-involved death rate was 235% HIGHER than its opioid overdose death rate.

**North Dakota**

In 2019, 149 alcohol-involved deaths occurred in North Dakota.

State Alcoholic Death Rates vs. Opioid Death Rates, 2019

Differences are significant at 95% confidence level.

North Dakota Death Rates Per 100,000 people

Alcohol Death Rate: 19.7

Opioid Death Rate: 5.9

CLICK HERE TO VISIT STATE HEALTH COMPARE FOR MORE ALCOHOL DEATH RATE DATA


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**Nebraska**

In 2019, 271 alcohol-involved deaths occurred in Nebraska.

**Nebraska Death Rates Per 100,000 people**

Nebraska’s alcohol-involved death rate was **263% HIGHER** than its opioid overdose death rate.

**Alcohol Death Rate: 13.0**

**Opioid Death Rate: 3.6**

Differences are significant at 95% confidence level.

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**State Variation in Alcohol Death Rates per 100,000 People, 2019**

Differences are significant at 95% confidence level.

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

* Difference from the 2000 rate is significant at 95% confidence level.

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

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In 2019, 203 alcohol-involved deaths occurred in New Hampshire.

New Hampshire's opioid overdose death rate was 138% higher than its alcohol-involved death rate.

Differences are significant at 95% confidence level.

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New Jersey

In 2019, 698 alcohol-involved deaths occurred in New Jersey.

State Alcohol Death Rates vs. Opioid Death Rates, 2019

Differences are significant at 95% confidence level.

State Variation in Alcohol Death Rates per 100,000 People, 2019

Differences are significant at 95% confidence level.

New Jersey Alcohol Death Rates Per 100,000 people

New Jersey's opioid overdose death rate was 322% HIGHER than its alcohol-involved death rate.

Differences are significant at 95% confidence level.


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In 2019, 729 alcohol-involved deaths occurred in New Mexico.

New Mexico's alcohol-involved death rate was

72% HIGHER

than its opioid overdose death rate.

Differences are significant at 95% confidence level.


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Nevada

In 2019, 546 alcohol-involved deaths occurred in Nevada.

State Alcohol Death Rates vs. Opioid Death Rates, 2019

Death Rates Per 100,000 people

Nevada’s alcohol-involved death rate was 29% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.

Difference from national rate is significant at 95% confidence level.

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3 https://www.cdc.gov/mmwr/volumes/69/wr/mm6939a6.htm

New York

In 2019, 1,581 alcohol-involved deaths occurred in New York.

New York’s opioid overdose death rate was 113% HIGHER than its alcohol-involved death rate.

Opioid Death Rate: 14.9

Alcohol Death Rate: 7.0

Differences are significant at 95% confidence level.

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3 https://www.ohio.gov/docs/rmmr/volume2/2017/mr20170367.htm

Ohio

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In 2019, 659 alcohol-involved deaths occurred in Oklahoma.

**Oklahoma**

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

**Oklahoma Death Rates Per 100,000 people**

Oklahoma’s alcohol-involved death rate was **118% HIGHER** than its opioid overdose death rate.

**Alcohol Death Rate: 15.1**

**Opioid Death Rate: 6.9**


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Pennsylvania

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**Rhode Island**

In 2019, 139 alcohol-involved deaths occurred in Rhode Island.


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3 https://www.cdc.gov/mmwr/volumes/69/wr/mm6939a6.htm
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In 2019, 620 alcohol-involved deaths occurred in South Carolina.

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Although opioid overdose death rates are significantly higher than alcohol death rates at the U.S. level, death rates from both causes vary widely across the states. In fact, alcohol-involved death rates in 2019 were as high as or significantly higher than opioid overdose deaths in 21 states. To put the growing public health crisis of alcohol deaths in context, this set of infographics provides data comparing alcohol-involved deaths and opioid overdose deaths for 50 states and the District of Columbia. SHADAC has also produced an accompanying issue brief that examines trends and variations in alcohol-related death rates across the nation, among the states, and by subpopulation breakdowns from 2006 to 2019.

In 2019, 191 alcohol-involved deaths occurred in South Dakota.

South Dakota's alcohol-involved death rate was 373% HIGHER than its opioid overdose death rate.

2 Using our narrow definition of only mortality that is 100 percent attributable to alcohol, the U.S. recorded almost 37,500 alcohol-involved deaths in 2018. By comparison, a study by the Centers for Disease Control and Prevention that used a broader definition of mortality due to “excessive alcohol use” estimated more than 95,000 deaths annually—roughly 2.5 times our highly conservative estimate of alcohol-involved deaths.
3 https://www.cdc.gov/mmwr/volumes/69/wr/mm6939a6.htm
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In 2019, 936 alcohol-involved deaths occurred in Tennessee.

**Tennessee Death Rates Per 100,000 people**

Tennessee's opioid overdose death rate was **100% HIGHER** than its alcohol-involved death rate.

**Opioid Death Rate: 23.4**

**Alcohol Death Rate: 11.7**

Differences are significant at 95% confidence level.


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Trends in Alcohol Death Rates per 100,000 people, 2000-2019

Texas Death Rates Per 100,000 people

Texas’ alcohol-involved death rate was
70% HIGHER
than its opioid overdose death rate.

Differences are significant at 95% confidence level.

CLICK HERE TO VISIT STATE HEALTH COMPARE FOR MORE ALCOHOL DEATH RATE DATA
The United States’ Quiet Crisis of Growing Alcohol Deaths

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In 2019, 290 alcohol-involved deaths occurred in Utah. Click here to visit state health compare for more alcohol death rate data.

**Utah**

State Alcohol Death Rates vs. Opioid Death Rates, 2019

Differences are significant at 95% confidence level.

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

* Difference from the 2000 rate is significant at 95% confidence level.

**State Alcohol Death Rates Per 100,000 people**

Utah's opioid overdose death rate was significantly higher than its alcohol-involved death rate.

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

Differences are significant at 95% confidence level.

**References**


2. Using our narrow definition of only mortality that is 100 percent attributable to alcohol, the U.S. recorded almost 37,500 alcohol-involved deaths in 2018. By comparison, a study by the Centers for Disease Control and Prevention that used a broader definition of mortality due to “excessive alcohol use” estimated more than 95,000 deaths annually—roughly 2.5 times our highly conservative estimate of alcohol-involved deaths.

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Vermont

In 2019, 125 alcohol-involved deaths occurred in Vermont.

Vermont's opioid overdose death rate was 38% HIGHER than its alcohol-involved death rate.

Vermont Death Rates Per 100,000 people

State Alcohol Death Rates vs. Opioid Death Rates, 2019

State Variation in Alcohol Death Rates per 100,000 people, 2019

Trends in Alcohol Death Rates per 100,000 people, 2000-2019

Difference from national rate is significant at 95% confidence level.

Vermont

Opioid Death Rate: 20.7
Alcohol Death Rate: 15.0
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In 2019, 1,264 alcohol-involved deaths occurred in Washington.

Washington’s alcohol-involved death rate was 36% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.

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### Wisconsin

In 2019, 865 alcohol-involved deaths occurred in Wisconsin.

**State Alcohol Death Rates vs. Opioid Death Rates, 2019**

<table>
<thead>
<tr>
<th>State</th>
<th>Alcohol Death Rate</th>
<th>Opioid Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>WI</td>
<td>12.5</td>
<td>16.6</td>
</tr>
</tbody>
</table>

Wisconsin's opioid overdose death rate was 33% HIGHER than its alcohol-involved death rate.

**Trends in Alcohol Death Rates per 100,000 people, 2000-2019**

**State Variation in Alcohol Death Rates per 100,000 People, 2019**

- **Significantly above the national average**
- **Significantly below the national average**
- **Not significantly different from the national average**

**Wisconsin Death Rates Per 100,000 people**

**Opioid Death Rate: 16.6**

**Alcohol Death Rate: 12.5**

Differences are significant at 95% confidence level.

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In 2019, 252 alcohol-involved deaths occurred in West Virginia.
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In 2019, 178 alcohol-involved deaths occurred in Wyoming.

Wyoming's alcohol-involved death rate was 242% HIGHER than its opioid overdose death rate.

Differences are significant at 95% confidence level.


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