

# State Medicaid Reforms Aimed at Changing Care Delivery at the Provider Level

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## PROJECT OBJECTIVES

- To better understand specifics of different state approaches to Medicaid payment and delivery system reform in Arkansas, Connecticut, Maryland, Minnesota, Oklahoma, Oregon, and Pennsylvania
- To monitor state progress in advancing these reforms
- To identify common themes across states

## **METHODS**

- Semi-structured in-person interviews with Medicaid officials and stakeholders
- Arkansas, Minnesota, Oregon, and Pennsylvania (2013)
- Connecticut, Maryland, and Oklahoma (2014)
- Telephone interviews
- Arkansas, Minnesota, and Oregon (2014-2015)
- In-person roundtable with state
  Medicaid officials from all study states
  (2015)

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## STATE PROGRAM FEATURES

- Episode-based payments to Principal Accountable Providers (PAPs) for acute conditions, Patient-Centered Medical Home (PCMH) initiative, multi-payer involvement in both
- Administrative Service Organizations (ASOs) to enhance data and intensive care management capabilities, PCMH initiative
- All-payer model for hospital payments, PCMH initiative (sunset in 2015), multi-payer elements
- MN Medicaid Accountable Care Organizations (ACOs) Integrated Health Partnerships (IHP) demonstration
- OK PCMH initiative, intensive care management through state and multiple vendors
- OR Medicaid ACOs Coordinated Care Organizations (CCOs)
- Targeted payment adjustments for Managed Care Organizations (MCOs) and providers

## CORE ELEMENTS OF MEDICAID REFORM

## **CHANGING PAYMENTS AND INCENTIVES**

Enhanced payments	AR, CT, MD, OK, PA (PCMH)
Pay-for-performance	CT, OK (PCMH); PA (MCOs)
Shared savings (upside only)	AR, MD, PA (PCMH)
Shared savings/risk (upside and downside)	AR (episodes); MN (IHPs)
Global budgeting	OR (CCOs); MD (all-payer model/hospital)

#### TARGETING HIGH-NEED POPULATIONS

Predictive modeling and new screening tools	CT (ASO); OK (intensive care management)
Embedded care managers	MD (PCMH); OK (intensive care management)
Actively linking to community resources	CT (ASO); OK (intensive care management)

# PROVIDER REPORTING – Episodes and ACOs

	Report recipients	AR (PAPs); MN (IHPs); OR (CCOs)
	Cost, utilization, and quality data shared	AR, MN, OR
	Data tied to payments	AR, MN, OR
	Comparative data shared	AR, OR
	Reporting made public	OR
	Relies on clinical data from providers	AR, MN, OR

#### PRACTICE SUPPORTS

Practice facilitation	AR, MD (PCMH); OK
	(intensive care
	management)
Technical assistance	OR (CCOs)
Learning collaboratives	AR, MD (PCMH); OR (CCOs)

### **LESSONS LEARNED**

- To secure provider willingness to participate in reforms, states must balance flexibility with accountability.
- Data and data analysis are increasingly important to providers participating in reform efforts, but claims-based data sources are insufficient for real-time care management interventions that seek to coordinate care across settings.
- The content of reports disseminated to providers in leading states is similar, underscoring overlap across states in the definition of high priority issues.
- Positive outcomes are beginning to emerge from leading states, but it is difficult to compare results across states. In addition, little is known yet about how these state Medicaid reforms impact care delivery decisions at the provider level.
- Questions exist as to whether Medicaid alone can influence provider behaviors, but from a Medicaid perspective, there are advantages and disadvantages to multipayer reforms.
- Discussions of the benefits of "care integration" for Medicaid enrollees are pervasive, but integration can mean a variety of things at a variety of different levels depending on the Medicaid reform context.
- Sustaining momentum will require documenting and communicating the value of payment reforms, particularly within the provider community.